



The Big Brew Rota

Who's doing the brewing?

No more arguing about whose turn it is to brew up. Write down everyone's names and preferences to ensure the perfect brew every time.



Name	Tea	Herbal Tea (State type)	Coffee	Milk	Sugar	Notes

Nothing brings people together like a brew. The offer of a brew not only gives your colleagues a boost but can make a huge difference to a friend who's feeling particularly low. Help us shatter the stigma of mental illness and suicide by going to mersecare.nhs.uk and download your **FREE Big Brew pack**