

Safeguarding Adults Easy Read Policy



Everybody has the right to be safe from abuse.



Abuse means when somebody harms somebody else.



This could be:



Physical:

Hurting someone, for example hitting or kicking them.



Sexual:

Doing things to someone's body or making them do things that they do not want to do.



Emotional:

Making somebody feel bad or upset.



Institutional:

When someone is treated badly by staff in a service.



Discrimination:

This is when someone is treated badly because of who they are.

For example, because of their age, sexuality, disability or the colour of their skin.



Financial:

When someone is tricked into giving away money, or has something stolen from them.



An 'adult at risk' is someone over the age of 18 who might not be able to protect themselves because they are ill, disabled or older.



Everyone needs to work together to look after each other and keep people safe from abuse.

It is not only strangers that hurt people. Sometimes people whom you know might harm you.



This means that services like health, social care and the police need to work together to protect people.



They also need to take action when abuse happens.



If someone says they have been abused, staff must listen and take it seriously.



People should be involved in decisions about how to stay safe.



To help keep people safe, the NHS, social care and police have produced a policy.

This gives advice about how to protect people from harm and what to do if abuse happens.



One way to stay safe is to be careful who you let into your house.

It is okay to let someone in if you know them well or if they have I.D.



If you are worried about abuse, you should talk to your local council. They will have a safeguarding team who can help you.



If you feel in danger, you should call the police.



If you are badly hurt, you might need to call an ambulance.



If you are being bullied, you can call the organisation **Stop Hate UK**, who can help you.

Local information

	Adults	Children	Out of Hours
<u>Liverpool Social Services</u> (Care Line)	Telephone: 0151 233 3800	Telephone: 0151 233 3700	24 hour service
<u>Sefton Social Services</u> (Sefton Plus)	Telephone: 0345 1400 845 (08.00-18.00)	Telephone: 0345 1400 845 (08.00-18.00)	Telephone. 0151 944 4497 (18.00-08.00)
<u>Knowsley Social Services</u>	Telephone. 0151 443 3798 (09.00-17.00)	Telephone. 0151 443 3792 (09.00-17.00)	Telephone: You will be connected to an alternate service