

Mersey Care Mental Health Referral Information Booklet

September 2019 (version 2)

The purpose of this booklet is to provide GPs across Liverpool, South Sefton, Kirkby, Southport and Formby with an overview of the referral options available to them for patients who present with a mental health issue. We have tried to make it as definitive as possible and we will issue updated editions which will be dated and numbered on a regular basis. This information booklet will be available on your local CCG intranet along with being emailed directly to your practice.

Mersey Care NHS Foundation Trust currently provides Mental Health Services across Liverpool, South Sefton, Kirkby, and Southport and Formby. We also provide community services in South Sefton and Liverpool. We organise our services across five neighbourhoods (localities) and all GP practices are aligned to one of these neighbourhoods. The mental health services we provide are available across all five neighbourhoods and this booklet provides specific details on how you, as a GP can make a referral to the required service within your neighbourhood.

If, in advance of making a referral you wish to discuss what type of referral is best suited for a specific patient, please feel free to contact a member of your Primary Care Mental Health Liaison Team for advice. The details of your Mental Health Liaison Team are provided in Section 13.

We hope you find this booklet useful in helping you make the most appropriate referral for each of your patients.

Signed

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Section 1 – Making a Referral to Adult Mental Health Services (Single Point of Access)

Adult Mental Health services support individuals with mental illnesses and personality disorder presenting with active risk and/or complexity that cannot be safely managed alone in primary care. Before considering making a referral to Adult Mental Health, you may wish to consider other alternatives which are outlined in sections 3 onwards. If you want to make a referral to Adult Mental Health for full assessment it is necessary for you to complete the Adult Mental Health Referral Form which is on EMIS. A referral will not be considered by the triage team unless it has been made on this form.

If you wish to refer a patient previously known to CMHT services a new referral must be made using the Adult Mental Health Referral form on EMIS.

Neighbourhood	How to make a referral to Adult Mental Health
Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside	Referrals for Adult Mental Health should be made to the Single Point of Access Team (SPA) based at Clock View Hospital. (Phone 0151 330 7207) In certain circumstances it will be possible for a service user to be assessed at an alternative site. If you think this is necessary when making the referral please indicate on the referral form.
Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby	All referrals to Adult Mental Health Services for assessment have to be made on the Adult Mental Health Referral Form which is on EMIS and then sent to mcn-tr.clockviewspa@nhs.net
Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton	All referrals will be triaged usually within 24 hours and prioritised into urgent (seen by Assessment Team within 48 hours) and routine (seen within 2 weeks).
South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull	If as a GP you wish to have a discussion regarding referral options for a specific patient before making a referral to Secondary Care for assessment, please feel free to contact your named Primary Care Mental Health Liaison Practitioner Team as detailed in Section 13.
Kirkby	
Southport and Formby	The Single Point of Access for North Sefton will be open from Monday to Friday 9am to 5pm (Phone 01704 383075) All referrals to Adult Mental Health Services for assessment have to be made on the Adult Mental Health Referral Form which is on EMIS and then sent to mcn-tr.southportspa@nhs.net Referrals will be triaged through the working days or Monday morning if sent after 5pm on a Friday. Urgent referrals will be seen within two working days. Routine referrals will be seen within two weeks.

Section 2 – Making a Referral to Older Persons Services (over 70s)

The service provides mental health assessment for people over the age of 70 which includes memory assessments of any age; this will provide a diagnosis and the appropriate treatment plan developed. The service delivers Post Diagnostic Interventions for Liverpool patients who have a diagnosis of dementia irrespective of where this is received; part of this process is the referral to the care navigator service for on-going support.

Things to include when making referrals to older persons services:

- Current mental health problem and impact on functioning
- History/ duration of problem
- Interventions (including medications and psychological) tried and response or problems with such
- Current medications
- Medical history including any recent investigations
- Contact telephone number/number of significant carers
- Other agencies involved
- Risk history and current concerns about risk/ safeguarding issues
- GP summary including recent blood results
- Any other relevant issues or comments you think will be helpful.

Things to include if you suspect a person has dementia:

Same as above plus:

- Dementia screening bloods (FBC, U&E, TFT, B12, and Folate and Bone)
- NOK or carer details to contact to act as informant.

Neighbourhood	How to make a referral to Over 70's Services
Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside	Referrals to Older Adult Services (over 70s) should be made by letter, include the information above and sent/faxed to: Older Peoples Service Mossley Hill Hospital Park Avenue Liverpool L18 8BU Fax: 0151 250 6115 Urgent referrals are made via phone with a letter faxed afterwards. Secretary Dr Barnes 0151 250 6026 Secretary to Dr Tagore 0151 250 6026 Secretary to Dr Chatfield 0151 250 6034 Secretary to Dr Upton 0151 250 6131 Secretary to Dr Kodali 0151 250 6131
Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby	(This cell is merged with the Liverpool South cell for referral information)
Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton	Norris Green Neighbourhood Centre Referrals to Older Adult Services (over 70s) should be made by letter, include the information above and sent/faxed to: Norris Green Community Hub Parthenon House Falklands Approach

	<p>Norris Green L11 5BR</p> <p>Fax: 0151 479 3842 Tel: 0151 479 3886</p> <p>Urgent referrals are made via phone with a letter faxed afterwards</p> <p>Secretary to Dr Lindon 0151 479 3819 Secretary to Dr Kumar (Locum) 0151 479 3818</p>
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull</p>	<p>Older peoples service – South Sefton Neighbourhood Centre Referrals should be made by letter, include the information above and sent/faxed to:</p> <p>South Sefton Neighbourhood Centre Park Road Waterloo L22 3XR</p> <p>Fax: 0151 330 8513</p> <p>Urgent referrals are made via phone with a letter faxed afterwards</p> <p>Secretary to Dr Sikdar: 0151 330 8501 Secretary to Dr Eardley: 0151 330 8512</p> <p>CMHT: 0151 330 8519 Mike Foy (team manager): 0151 330 8508</p>
<p>Kirkby</p>	<p>Referrals in Kirkby are made in the same way as Liverpool North, to Norris Green Neighbourhood Centre. Please see referral process above.</p> <p>Urgent referrals are made via phone with a letter faxed afterwards</p> <p>Secretary to Dr Lindon 0151 479 3819</p> <p>Fax: 0151 479 3842</p>
<p>Southport and Formby</p>	<p>Referrals should be made by letter, include the information above and sent by post or to:</p> <p>Fax: 01704 383 669 (for both)</p> <p>Older People’s Services Boothroyd Unit 80 – 81 Scarisbrick New Road, Southport PR8 9PH</p> <p>Telephone for CMHT: 01704 383 673/034 Telephone for memory services: 01704 383185</p>

Section 3 – Making a Referral to Early Intervention Services

The Early Intervention Teams works with young people between the ages of 14 and 35 years old. There are three arms of treatment offered in the service. Those who have clearly had a psychotic episode are taken on for up to three years, those who appear to be at increased risk of developing psychosis, for up to one year. For those whom it remains uncertain what the presenting problem is after a detailed assessment are taken on for 6 months and a more detailed multi-disciplinary assessment is carried out.

Neighbourhood	How to make a referral to Early Intervention Services
<p>Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside</p>	<p>Referral should be made in the same way as Adult Mental Health Referral as per section 1 i.e. on the Adult Mental Health Referral Form available on EMIS and then sent to: mcn-tr.clockviewspa@nhs.net</p> <p>In addition referrals to this service are open and can also be made via self-referral or by a family member or other non NHS agencies.</p>
<p>Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby</p>	<p>The service is based at: Early Intervention In Psychosis Team Baird House Liverpool Innovation Park</p>
<p>Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton</p>	<p>Digital Way Edge Lane Liverpool L7 9NJ</p> <p>For advice GPs can call: 0151 250 6272</p>
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull.</p>	<p>Referral should be made in the same way that an Adult Mental Health referral is made i.e. on the Adult Mental Health referral form available on EMIS and then sent to : mcn-tr.clockviewspa@nhs.net</p>
<p>Kirkby</p>	<p>In addition referrals to this service are open and can also be made via self-referral or by a family member or other non NHS agencies.</p> <p>The service is based at:</p> <p>South Sefton and Kirkby EIP team South Sefton Neighbourhood Centre Park Road Waterloo Liverpool L22 3XR</p> <p>Telephone : 0151 330 8532 / 8555</p>
<p>Southport and Formby</p>	<p>Referral should be made in the same way that an Adult Mental Health referral is made i.e. on the Adult Mental Health Referral Form available on EMIS and then sent to: mcn-tr.southportspa@nhs.net</p>

In addition referrals to this service are open and can also be made via self-referral or by a family member or other non NHS agencies.
The service is based at:

North Sefton EIT
Hesketh Centre,
51 – 55 Albert Road,
Southport
PR9 0LT

Telephone: 01704 383065

Section 4 – Making a Referral to Life Rooms

Life Rooms Walton and Life Rooms Southport both offer a range of life opportunities for service users, carers and the wider community who require support in dealing with life pressures which may be impacting upon their mental health.

The Life Rooms can provide support in relation to, Recovery College, Volunteering, Employment and Retention, Benefits and Money, Mental Wellbeing, Physical Wellbeing, Family/Caring role, Social Interactions and Housing.

Neighbourhood	How to make a referral to Life Rooms
Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside	Patients can refer themselves by phone or by just calling in to one of the Life Rooms buildings from Monday to Friday 9.30 to 4.30pm. The Life Rooms Evered Avenue Walton
Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby	Liverpool L9 2AF Telephone: 0151 478 6556
Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton	The Life Rooms 23-35 Scarisbrick Ave Southport PR8 1NW Telephone: 01704 383 198
South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull	Life Rooms Bootle, 68 Merton Road, Bootle, L20 7AP 0151 330 6461
Kirkby	Appointments are made by self referral, current time tables can be downloaded from: https://liferooms.uk/ email contacts: liferooms@merseycare.nhs.uk
Southport and Formby	

Section 5 – Making a Referral to Drug and Alcohol Services

Mersey Care provides community alcohol services across Liverpool, Sefton and Southport and Formby. Referral arrangements differ across each of the three areas.

Neighbourhood	How to make a referral to Drug and Alcohol Services
<p>Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside</p>	<p>GPs are encouraged to ask patients to self refer.</p> <p>For Alcohol services, patients should be asked to self-refer by phoning Liverpool Community Alcohol Service (LCAS) Telephone: 0151 471 7784. During the initial call patients will be given an appointment in the next available clinic at a location convenient to him / her.</p>
<p>Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby</p>	<p>If a GP thinks that making a referral on behalf of a patient for alcohol support is necessary, this can be done by completing the LCAS Referral Form which is available on EMIS and sending it to lcas.team@nhs.net</p>
<p>Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton</p>	<p>The service is based at:</p> <p>Liverpool Community Alcohol Service (LCAS) Eleanor House Rathbone Hospital Mill Lane Liverpool L13 4AW</p> <p>In relation to drug support services (substitute opiate prescribing only), patients are again encouraged to self refer and they do this by either phoning the team on 0151 330 8260 or by dropping in without an appointment (9am – 5pm, Monday to Friday) to the service which is based at:</p> <p>Brook Place Addictions Services Orphan Drive Tuebrook L6 7UN</p> <p>Telephone: 0151 330 8260</p> <p>If a GP thinks that making a referral on behalf of a patient for drug support is more appropriate/necessary, this can be done by writing to the address above or by e mailing at Brook.Place@nhs.net</p>
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull</p>	<p>In South Sefton there is a combined Drug and Alcohol Service. Patients are encouraged to self refer either by phoning or dropping into the service. GPs can give the following contact information:</p> <p>Ambition Sefton Sefton House Canal Street Bootle</p>

	<p>Liverpool L20 8AH Tel: 0151 944 5334 (drop in 9am to 8pm, Monday to Friday)</p> <p>If the GP thinks that making a referral on behalf of a patient is more appropriate this can be done by completing the Ambition Sefton Referral Form, available on EMIS and sent by Fax to: 0151 922 9038.</p>
Kirkby	<p>Change Grow Live (CGL) is a combined Drug and Alcohol Service. There is open access (no appointment needed) initial brief triage with immediate advice and support and a follow up appointment for a comprehensive assessment.</p> <p>GPs and professionals can refer if they prefer and appointments can be made:</p> <p>Monday to Friday 9am to 5pm</p> <p>Tel: 0151 548 5563 or 0845 873 446</p>
Southport and Formby	<p>In North Sefton there is a combined Drug and Alcohol Service. Patients are encouraged to self refer either by phoning or dropping into the service (drop in 9am to 5pm, Monday to Friday) GPs can give the following contact information:</p> <p>Ambition Sefton 8 Church Street Southport PR9 0QT</p> <p>Tel: 01704 534 759</p> <p>If the GP thinks that making a referral on behalf of a patient is more appropriate this can be done by completing the Ambition Sefton Referral Form this is available on EMIS and sent by either Fax: 01704 535 240 or through the e mail address on the form.</p>

Section 6 - Making a Referral to IAPT Services (Improving Access to Psychological Therapies)

IAPT services provide psychological treatments, sometimes called talking treatments, to help people who have common mental health problems such as feeling stressed, feeling low in mood (depressed), very nervous (anxiety), bad memories after traumatic events, phobias, sleep problems, lack of confidence in social situations, anxiety, depression, health anxiety, stress, worry, repeated washing or checking worry. In Liverpool these services are known as TALK Liverpool and in Sefton / Southport and Formby they are known as Access Sefton.

Neighbourhood	How to make a referral to IAPT
<p>Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside</p>	<p>Talk Liverpool is a free and confidential service available to adults aged 16 or over who are registered with a Liverpool GP.</p> <p>The preferred referral route for a patient who has had contact with their GP is for the GPs to make a referral into the service by using the Talk Liverpool Adult General Referral Form available on EMIS.</p> <p>Alternatively, patients can self-refer to Talk Liverpool directly in the following way:</p> <ul style="list-style-type: none"> • By filling in the online form which is available on the Talk Liverpool website www.talkliverpool.nhs.uk, or • Telephoning the service on 0151 228 2300. <p>Please note: Referrals are not accepted for people currently under the care of secondary mental health services.</p>
<p>Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby</p>	
<p>Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton</p>	
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull</p>	<p>Access Sefton provides talking therapies for people with anxiety, depression and other common issues.</p> <p>Self referral is preferred although referrals from GPs are also accepted. Self referral can be done in the following way:</p> <ul style="list-style-type: none"> • Completing an online EMIS form • By filling in the online form which is available on the website www.insighthealthcare.org/accessefton • By phoning 0300 303 2708. <p>Once a referral has been received, a member of the administration team will contact the service user for telephone triage and then arrange an appointment if appropriate. (Please note that it is our usual policy to withhold telephone numbers when we return a call.)</p>
<p>Southport and Formby</p>	
<p>Kirkby</p>	<p>North West Boroughs Knowsley Psychological Therapy Service (IAPT – Talking Therapies) provide talking therapies for people with anxiety, depression and other common issues.</p> <p>Self referral is preferred although referrals from GPs are also accepted. Referrals can be made by:</p> <ul style="list-style-type: none"> • By completing the form available on the website www.nwbh.nhs.uk/think-wellbeing

	<ul style="list-style-type: none">• By telephoning - 0151 676 5465 <p>Alternatively, GPs can make a referral by completing the (NWBH) Improving Access to Psychological Therapies (IAPT) Form available on EMIS</p>
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Section 7 – Making a Referral to Asperger’s Services

The Asperger teams offer assessments and support to working age adults within Liverpool and Sefton. The team consists of Clinical Psychology, Nursing and Occupational Therapist colleagues. The team does not include Psychiatry and therefore if opinions on patients’ mental health are sought then this should be directed to the appropriate Community Mental Health Team or Single Point of Access Team.

Neighbourhood	How to make a referral to Asperger’s Services
<p>Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside</p>	<p>Anyone aged 18 years and over may self-refer or be referred by another person for example a family member, GP or other mental health professional.</p>
<p>Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby</p>	<p>Referrals should be made on the Asperger’s Referral Form which is available on EMIS or by using the Adult Mental Health Referral Form and sent to: mcn-tr.clockviewspa@nhs.net</p>
<p>Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton</p>	<p>The service is based at: Asperger’s Services – Liverpool Mersey Care NHS Trust Community Hub Falklands Approach Norris Green Liverpool L11 5BS</p> <p>Telephone: 0151 737 4800</p> <p>All referrals made to the Liverpool service for diagnostic assessment are telephone triaged and the patient is contacted for this to happen.</p>
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull</p>	<p>Anyone aged 18 years and over may self-refer or be referred by another person for example a family member; GP or other mental health professional.</p> <p>Referrals should be made on the Asperger’s Referral Form which is available on EMIS or by using the Adult Mental Health Referral Form.</p> <p>Completed referral forms should be sent to: mcn-tr.southportspa@nhs.net</p> <p>The service is based at: Sefton Asperger Service 2nd Floor Hesketh Centre 51-55 Albert Road Southport PR8 0LT</p> <p>Telephone: 01704 383 050</p>
<p>Kirkby</p>	<p>Referrals in Kirkby are made to the same base as Liverpool. Please see referral process above.</p>

	<p>Kirkby currently commissions a limited number of Asperger diagnostic assessments per year from Mersey Care NHS Foundation Trust. Anyone aged 18 years and over may be referred but referrals must only be made by GP.</p>
Southport and Formby	<p>Referrals for Southport and Formby are made to the same service base as South Sefton. Please see referral process above.</p>

Section 8 – Making a Referral to Adult ADHD Services (Attention, Deficit, Hyperactivity Disorder)

Neighbourhood	How to make a referral to Adult ADHD Services
Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside	Liverpool referrals to ADHD services should be made in writing to: ADHD services Consultant Psychiatrist, Cheshire and Wirral NHS Foundation Trust The Stein Centre St Catherine's Hospital
Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby	Derby Road Birkenhead CH42 0LQ Telephone: 0300 303 3157
Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton	
South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull	South Sefton, Kirkby and Southport referrals to ADHD services should be made using the Adult Mental Health Referral Form referred to in Section 2. Please indicate on this form that you think the patient requires referral to ADHD services. This form is available on EMIS and once completed should be sent directly to:
Kirkby	
Southport and Formby	mcn-tr.clockviewspa@nhs.net (Sefton and Kirkby) mcn-tr.southportspa@nhs.net (Southport and Formby)

Section 9 – Making a Referral to Learning Disability Services

Our Learning Disability Community teams support people with learning disabilities and substantial and complex health needs to live healthier and more independent lifestyles and enjoy good mental health and well being. People who use the service include those with learning disability, people with severe and enduring mental health problems and those who have an acquired brain injury who have accessed care within the Brain Injuries unit.

Neighbourhood	How to make a referral Learning Disability Services
<p>Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside</p>	<p>Referrals to Learning Disability Services should be made on the Learning Disability Referral Form which is available on EMIS. Once completed this form should be sent to</p> <p>mcn-tr.clockviewspa@nhs.net</p> <p>If you wish to contact the service directly the contact details are below.</p>
<p>Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby</p>	<p>Liverpool Community LD Team Mersey Care Community Hub Learning Disabilities Service Falklands Approach</p>
<p>Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton</p>	<p>Norris Green Liverpool L11 5BS</p> <p>Telephone: 0151 737 4800</p>
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull</p>	<p>Referrals to Learning Disability Services should be made on the Learning Disability Referral Form which is available on EMIS. Once completed this form should be sent to</p> <p>mcn-tr.southportspa@nhs.net</p> <p>The service is based at: Sefton Learning Disabilities Community Team 2nd Floor The Hesketh Centre 51 – 55 Albert Road Southport PR8 0LT</p> <p>Telephone: 01704 383 030/3114</p>
<p>Kirkby</p>	<p>Referrals to Learning Disability Services should be made on the Specialist Learning Disability Team Form which is available on EMIS.</p> <p>Once completed this form should be sent by fax to: 0151 292 2595</p> <p>The service is based at: Specialist Learning Disability Team Willis House</p>

	23 Cumber Lane Whiston L35 2YZ Tel: 0151 426 5885
Southport and Formby	Referral process is the same as South Sefton, please see above.

Section 10 – Making a Referral to Eating Disorders Services

This service is for patients 16 years and above and is a psychotherapy service.

Neighbourhood	How to make a referral to Eating Disorders Services
<p>Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside</p>	<p>Referrals are only accepted from GPs or other medical practitioners. This is necessary because the service provided is a psychotherapy service and relies on medical practitioners to monitor the physical health aspect of client's eating disorders. If other practitioners such as therapists, counsellors, social workers etc. know the client better and wish to refer, this can be done as long as there is a covering letter from a medical practitioner included.</p>
<p>Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby</p>	<p>Referral should be made using the referral form available on EMIS: eatingdisorder.servicereferral@nhs.net</p>
<p>Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton</p>	<p>Referral can also be made by letter which should include information on the client's specific eating disorder symptoms, weight, height and any recent change in weight.</p> <p>Letters should be sent either by post to:</p>
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull</p>	<p>Eating Disorder Service Rathbone Hospital Mill Lane L13 4AW</p> <p>Tel: 0151 471 7751 Fax: 0151 471 7720</p> <p>Referrals are processed by members of the EDS team and if appropriate, clients are sent an opt-in letter, requesting that they phone to book in for an appointment. Waiting time for assessment is 2 to 4 weeks. We do hold a waiting list for individual therapy and this varies for the type of treatment offered.</p>
<p>Kirkby</p>	<p>Referrals are only accepted from GPs or other medical practitioners.</p> <p>For young people (under 18) referrals should be made using the CYPMHS Knowsley: Children and Young Peoples Mental Health Services (NHWB) Form which is available on EMIS and sent by fax to: 0151 430 1397</p> <p>Young People's Community Eating Disorder Service Mid-Mersey Knowsley Resource and Recovery Centre Whiston Hospital Prescot L35 5DR Tel: 0151 430 1321</p> <p>For adults, referrals should be made using the Eating Disorder Service (EDS) Knowsley – St Helens Referral Form which is</p>

	<p>available on EMIS and faxed to: 0151 430 1397</p> <p>Adults' Eating Disorder Service Knowsley Resource and Recovery Centre Whiston Hospital Dragon Lane Merseyside L35 5DR Tel: 0151 430 1321</p>
Southport and Formby	Referral arrangements are the same as for Liverpool and South Sefton (see above).

Section 11 – Making a Referral to Perinatal Services

Specialist inpatient and community services are offered for mothers in the ante natal and post natal period. Referrals are accepted for mums with babies up to the age of 6 months. Pre-conception advice is also available for women on medication or receiving mental health services, who are planning to become pregnant. All referrals are triaged by the perinatal team and if appropriate an appointment is offered to attend our perinatal clinic either at Liverpool Women’s Hospital or University Hospital Aintree clinics or to be seen via a home visit. The team also gives advice or sign posts to appropriate agencies if a referral is not appropriate. This small team includes a consultant psychiatrist, senior mental health nurse and specialist midwife who specialise in perinatal mental health. Referrals are accepted from health professionals, we are unable to accept self-referrals.

The team works with people being cared for within psychiatric inpatients units, community mental health teams, maternity services and liaises with mother and baby units when necessary.

Neighbourhood	How to make a referral to Perinatal Services
Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside	If you wish to make a referral to Perinatal Services, please complete the Perinatal Services Referral Form available on EMIS. If you wish to contact the service directly for general advice this can be done by phoning 0151 702 4012 or emailing: pmht.merseyscare@nhs.net
Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby	
Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton	
South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull	
Kirkby	
Southport and Formby	

Section 12 – Making a Referral to CAMHS Services (Child and Adolescent Mental Health Services)

Liverpool Child and Adolescent Mental Health Service (CAMHS) aims to promote the mental health, emotional and wellbeing of all children, young people and their families/carers. Areas of support include: therapeutic support (individual, group and family) using a range of models, substance use – and those impacted by it, transgender provision, refugee and asylum seeker provision, crisis support, advice on prescriptions, student mental health support and sexual health and mental health.

Neighbourhood	How to make a referral to CAMHS
Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside	All referral requests must be made in writing to: Single Point of Access (SPA) Mulberry House Alder Hey Children’s Hospital Liverpool L12 2AP
Liverpool Central covering the areas of City Centre, Kensington, Picton and West Derby	Fax: 0151 293 3698 (safehaven fax) Email: camhs.referrals@alderhey.nhs.uk (safehaven email)
Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield and Walton	Please feel free to call the SPA duty team on 0151 293 3662 with any enquiries or to discuss a referral.
South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby and Maghull.	
Southport and Formby	
Kirkby	Referrals should be made by completing the CYPMHS Knowsley: Children and Young Peoples Mental Health Services Referral Form available on EMIS and sent to: 5bp-tr.CAMHS-referrals@nhs.net This service is based at: Knowsley CAMHS Young People and Families' Wellbeing Hub Knowsley Resource and Recovery Centre Whiston Hospital Prescot L35 5DR Tel: 0151 489 6137

Section 13 - Primary Care Liaison Service Contact Details

Outlined below are the details for the 6 Primary Care Liaison Teams covering Liverpool South, Liverpool Central, Liverpool North, Sefton South, Kirkby and Southport and Formby. Members of these teams can be contacted by GPs for advice and support regarding referrals and concerns about individual service users.

Neighbourhood	Primary Care Mental Health Liaison Practitioner	Adult Mental Health Consultant Lead and CMHT
<p>Liverpool South covering the areas of Childwall, Wavertree, WAGGA, Speke, Belle Vale and Riverside</p> <p>Liverpool Central covering the areas of City Centre, Kensington and Picton</p>	<p>Peter Brame T: 0151 330 8158 M: 07342 079770 E: peter.brame@merseycare.nhs.uk Secure email: p.brame@nhs.net</p> <p>Sarah McCormack T: 0151 330 8001 M:07900 068978 E: sarah.mccormack@merseycare.nhs.uk Secure email: sarah.mccormack2@nhs.net</p>	<p>Moss CMHT T:0151 330 8158 Locum (1) Med Sec T: 0151 330 8153 Locum (2) Med Sec T: 0151 330 8153</p> <p>Arundel CMHT T: 0151 330 8001 Dr Simon Tavernor Med Sec T: 0151 330 8015 Dr Helen Pears Med Sec T: 0151 330 8013 Dr Helen Reynolds Med Sec T: 0151 330 8015 Dr Ruth McCutcheon Med Sec T: 0151 330 8013</p> <p>Windsor CMHT T:0151 250 5352 Dr Fayyaz Khan Med Sec T: 0151 250 5324 Dr Fej Esi Med Sec T 0151 250 5324</p>
<p>Liverpool North covering the areas of Aintree, Croxteth, Norris Green, Everton, Anfield, Walton and West Derby</p>	<p>Peter Jackson T: 0151 479 3817 M: 07884 440913 E: peter.jackson@merseycare.nhs.uk</p> <p>Clare Robins T: 0151 479 3817 M: 07900 070342 E: clare.robins@merseycare.nhs.uk</p>	<p>Norris Green CMHT T: 0151 479 3800 Dr Rebeca Martinez Med Sec T: 0151 479 3812 Dr Yusuf Pervez Med Sec T: 0151 479 3812</p> <p>Park Lodge CMHT T: 0151 330 8920 Dr Vijay Eswaran Med Sec T: 0151 330 8919 Dr Kate Wood Med Sec T: 0151 330 6504</p>
<p>South Sefton covering the areas of Bootle, Seaforth, Litherland, Crosby</p>	<p>Rachel McKnight (Temporary Team lead) T: 01704 383034 M: 07721 242008 E: Rachel.mcknight@merseycare.nhs.uk</p>	<p>Bootle CMHT: 0151 330 8518 Dr Kuben Naidoo: 0151 330 8554 Nicci Drew (team manager): 0151 330 8568</p>

and Maghull	<p>Secure email: Rachel.mcknight@nhs.net</p> <p>Grant Jump T:0151 330 8648 M: 07827254466 E: grant.jump@merseycare.nhs.uk Secure Email: grant.jump1@nhs.net</p>	<p>Crosby CMHT: 0151 330 8517 Locum: 0151 330 8555 Jo Topolski (team manager): 0151 330 8541</p> <p>Maghull CMHT 0151 330 8517 Dr Jim McCarthy: 0151 330 8919 Tony Page (Team Manager): 0151 330 8561</p>
Kirkby	<p>Rachel McKnight (Temporary Team lead) T: 01704 383034 M: 07721 242008 E: Rachel.mcknight@merseycare.nhs.uk Secure email: Rachel.mcknight@nhs.net</p> <p>Carys Sergeant Tel: 01704383034 Mobile: 07814456216 Carys.sergeant@merseycare.nhs.uk Secure email: c.sergeant1@nhs.net</p>	<p>Kirkby CMHT Locum Med Sec: 0151 330 6448 Allison Harvey (Team Manager): 0151 443 4465</p>
Southport and Formby	<p>Rachel McKnight (Team Lead) T: 01704 383034 M: 07721 242008 E: Rachel.mcknight@merseycare.nhs.uk Secure email: Rachel.mcknight@nhs.net</p> <p>Carys Sergeant Tel: 01704383034 Mobile: 07814456216 Carys.sergeant@merseycare.nhs.uk Secure email: c.sergeant1@nhs.net</p>	<p>Dr Yenal Dunder Med Sec: 01704383137 Southport CMHT Locum Med Sec: 01704383137 Peter McVey (Team Manager) 01704 383110</p>